

GENERATIONS IN FAITH TOGETHER



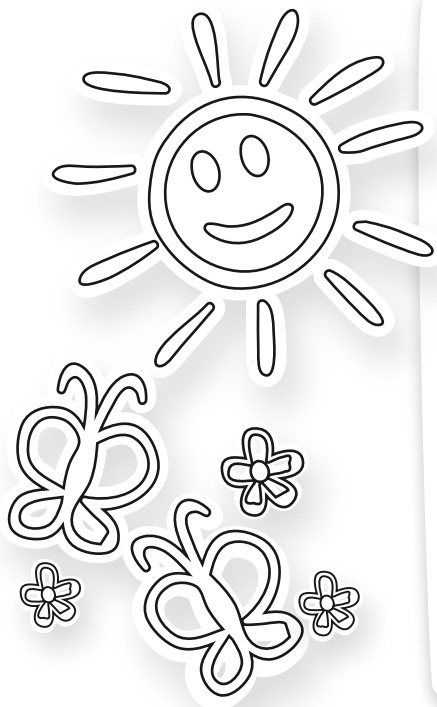
# LUTHER'S MORNING AND EVENING PRAYERS

Invite children and adults to decorate the templates below. Laminate and encourage them to pray together as a household or individually at the beginning and end of each day.

**Luther wrote these prayers to be prayed in households each morning and evening.**

He said: *In the morning when you rise, make the sign of the cross and say, "In the name of God, the Father, the Son, and the Holy Spirit. Amen."*

*Then kneeling or standing, say the Apostles' Creed and the Lord's Prayer. Then you may say this prayer:*



## Luther's Morning Prayer

I thank you, heavenly Father, through your dear Son, Jesus Christ, that you have protected me through the night from all harm and danger.

I ask you to keep me this day too, from all sin and evil, so that in all my thoughts, words, and deeds I may please you.

In your hands I place my body and soul and all that is mine.

Let your holy angel be with me, so that the evil one may have no power over me. Amen.

*After singing a hymn (possibly a hymn on the Ten Commandments) or whatever your devotion may suggest, you should go to your work joyfully.*

*In the evening when you retire, make the sign of the cross and say, "In the name of God, the Father, the Son, and the Holy Spirit. Amen"*

*Then kneeling or standing, say the Apostles' Creed and the Lord's Prayer. Then you may say this prayer.*

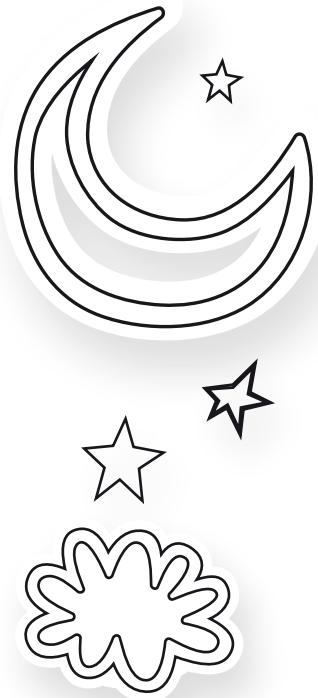
### Luther's Evening Prayer

I thank you, heavenly Father,  
through your dear Son, Jesus  
Christ, that you have graciously  
protected me today.

I ask you to forgive all my sins and  
the wrong which I have done. And  
graciously keep me this night.

In your hands I place my body and  
soul and all that is mine.

Let your holy angel be with me,  
so that the evil one may have  
no power over me. Amen.



*Then quickly lie down and sleep in peace.*

Coloured versions of Luther's morning and evening prayers are available on the next page.

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### **Luther's Morning Prayer**

I thank you, heavenly Father, through your dear Son, Jesus Christ, that you have protected me through the night from all harm and danger.

I ask you to keep me this day too, from all sin and evil, so that in all my thoughts, words, and deeds I may please you.

In your hands I place my body and soul and all that is mine.

Let your holy angel be with me, so that the evil one may have no power over me. Amen.

### **Luther's Evening Prayer**

I thank you, heavenly Father, through your dear Son, Jesus Christ, that you have graciously protected me today.

I ask you to forgive all my sins and the wrong which I have done. And graciously keep me this night.

In your hands I place my body and soul and all that is mine.

Let your holy angel be with me, so that the evil one may have no power over me. Amen.



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