



GrowMinistries

LCA CHILD YOUTH & FAMILY MINISTRY



**LUTHERAN
CHURCH**

OF AUSTRALIA

INTERNATIONAL MISSION

global partners · local church



**CULTIVATING
YOUNG
LEADERS**

50/500
faith. freedom. future.

Cultivating young leaders....

Grow Leadership is happening again in 2019!

Grow Ministries and LCA International Mission have combined to offer a unique and exciting opportunity to the young adults of the LCA. The GROW leadership program involves a Stretch and Grow experience overseas, two one week intensives, mentoring and involvement in a ministry within their congregational home.

This information booklet provides broader details regarding the program.

Grow Leadership

A leader is someone who guides and directs others and can inspire and influence those around them to achieve a common vision.

Are you aged 18-25 and passionate about leading the LCA into the future? Would you like an opportunity to go on a faith journey that grows, stretches and empowers you?

Come and be a part of GROW leadership 2019!

What's involved?

- A part-time commitment for a period of 11 months
- Participation in a 'Stretch and Grow' experience to Myanmar
 - **30 January – 13 February, 2019**
- Two face-to-face intensives (held at Nunyara Conference Centre, Belair SA)
 - **Intensive 1: 7-12 July, 2019**
 - **Intensive 2: 2-7 December 2019**
- Regular one-on-one mentoring
- Minimum of 18 hours of local congregational leadership

Our goals for participants....

- To experience a mentored and reflective faith adventure.
- To grow and be renewed in the gospel (head, heart and hands).
- Be empowered to become a leader by equipping them with skills that will contribute to the church and the wider community.
- To have a deeper knowledge and understanding of Lutheran theology and how it can contribute to identity and make sense of life and the world.
- The opportunity to experience the ministries of the LCA and how they complement the ministry of Districts.
- To develop a sense of pride in our Church.
- To discover and understand Christian vocation in the world.
- To grow relationships across the generations.
- To connect deeply with their local faith community.

Grow Leadership includes four international participants from Myanmar who will join us for the entire program, including our time together in Australia.

Cost

The cost for the program is \$2900. This amount covers all flights, accommodation and food including the trip to Myanmar and both intensives. We encourage participants to seek support via sponsorship and fundraising through your congregation and personal networks.

Commitment

Participants must be available for all of the above dates. Ideally this program is most suited to university students and those who are working part or full time. We have tried to ensure that the travel is during university holidays and activities are intentionally spread out over the year to assist those working to have time off too.

While there aren't any big assignments involved, there is an expectation to journal on elements of the experience, be involved in a mentoring relationship and ministry involvement. We hope it is a manageable program that will slot into the life of the young adults participating.



Stretch & Grow Experience in Myanmar

30 January – 2 February, 2019

PART 1 - Santa Teresa Spirituality Centre, Ormiston, Queensland.

During this time, leaders and participants will meet and bond as a team, learning important elements about the Myanmar culture and learning leadership skills that we will resource us during the trip.

2 February – 13 February, 2019

PART 2 - Myanmar

This experience allows the participant to be immersed in an amazing country. There will be an opportunity to discover the past, see the present and hear about the plans for the future. Participants will see the projects that are changing lives and meet the wonderful people making it happen.

Requirements for Stretch and Grow experience

Valid passport: It will be necessary for all participants to have a valid passport with a minimum of six months available from February 2019. Participants are also responsible for organising their own medication and immunisations with your local doctor.

(Both at own cost.)

Intensives

Intensive 1 | 7 – 12 July, 2019

Nunyar Conference Centre, Belair, SA

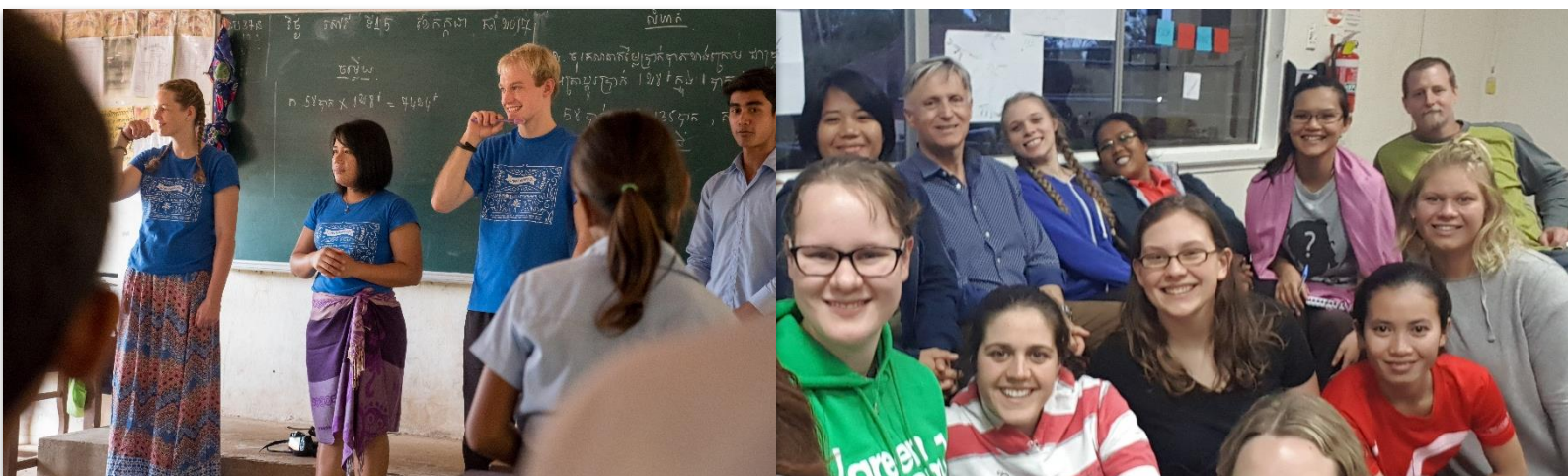
This first week will see us delve deeper into leadership, theology and a time of spiritual reflection.

Intensive 2 | 2-7 December 2019

Nunyar Conference Centre, Belair, SA

The focus will turn to exploring ministry, including effective practice, handling stress and other skills needed to be effective leaders. We will also learn and understand the workings of the wider LCA (Lutheran Church of Australia) and enjoy a celebration of the journey we have had together. The week will culminate in a graduation ceremony and dinner to be held on Friday 6th December, 2019.

Intensives are held in Adelaide to enable the best use of our finances and resources, utilising the proximity of the National (Church wide) Office to facilitate sessions run by leaders of our LCA departments and committees.



Congregational Focus Leadership

One of the goals of this program is that participants will become an integral part of their congregation (if they're not already.) We believe that all people should be given opportunities to serve and lead within their congregation – no matter what their age. Over the course of the year we ask that participants are involved in a ministry of their church in a leadership role for a minimum of 18 hours. That's approximately 1 hour per week over the course of the year.

What kind of ministry involvement?

Participants may already be involved in a ministry, such as children's ministry, youth group or a music group. Is this a leadership role? Consider ways that participants can become more involved and take on more responsibility? Grow Ministries is happy to help congregations work through this process. Those interested in applying for the program are encouraged to meet with their pastor and other leaders to discuss potential ideas as they work through their application.

Is there a ministry the young person is really passionate about that they would like to start? Could this be the catalyst for them to have a go and get happening with support from a mentor, the congregation and the Grow team?

Some examples of ministry include: assisting in leading Confirmation, leading a small group of youth or young adults, assisting regularly with a congregational based ministry (Sunday school, music, hospitality).

Mentoring

We believe that mentoring is a very important part of this program. Participants are to seek an older adult within their faith community/congregation who can meet regularly with them and encourage them on this journey. We believe this will assist participants to grow spiritually and also be encouraged as a leader. It gives them someone to share the journey with and to keep them accountable.



Stories from 2017 Grow Leadership Participants...

Renee Hein

At the start of the year, I expected the program to be similar to the Vetamorphus program I did in Year 11 of high school. You had a leader and a booklet, and you just go through the booklet. But this was much more than I expected. During the Grow Leadership experience I learnt to think outside of the box, got pushed out of my comfort zone, learnt not to be afraid and to be vulnerable.

I learnt that **anyone can be a leader**. This gave me so much more confidence. The opportunity to be involved in many more ministry leadership positions throughout the year and I definitely learned a lot through the overseas experience. I discovered the many leadership qualities I never knew I had and then realised I've been using them all along. I have also found a new sense of confidence in front of people. I am a new and improved version of the person I was at the start.

Encouraged by her GL experience, Renee is currently serving an internship at Tandara Lutheran Camp, Victoria.

Joel Grieger

Before commencing the Grow Leadership Program (GLP), I didn't really know what to expect but I did like the GLP schedule and what I could possibly learn about leadership within the Lutheran church. I was also expecting to meet some real young talented leaders of the Lutheran Church. The program met these expectations.

During Intensive 1, I learnt more deeply about leadership and how to make a team run more effectively, growing and enhancing my skills. By delving into a deeper level, I further enhanced my knowledge about leadership along with also learning more about motivation within leadership circles.

I have taken a lot of information on board for utilisation in the future. I have also really enjoyed meeting other young talented leaders and hearing their journeys in leadership. I have been able to learn about ideas and concepts that other young people have implemented in the past successfully. Basically the information sharing has been an absolute winner! I have learned that I have more to offer the Lutheran Church and other organisations than I give myself credit for.

Joel began his pastoral studies at Australian Lutheran College this year.



Applications

Spaces are limited - maximum number of 12 Australian participants

Applications close Sunday 30 September, 2019.

To register your interest please contact Grow Leadership Coordinator – Vicki Rochow
e: vicki.rochow@lca.org.au

Grow Leadership is a joint partnership with Grow Ministries and LCA International Mission.



Grow Ministries

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